



VI Seminario CODAJIC. 25 de octubre de 2017. Teatro de la Universidad de Ciencias Médicas de Cienfuegos. Cuba.

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1. DATOS PERSONALES

Apellido: Gaspar de Matos

Nombre: Margarida

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2. RESUMEN CURRICULUM VITAE

Professora Catedrática na Faculdade de Motricidade Humana, Universidade de Lisboa. Investigadora sénior WJCR / ISPA e ISAMB / Faculdade de Medicina/ ULisboa (researcherid.com/rid/H-3824-2012)

Representa a Ordem dos Psicólogos Portugueses na European Federation of Psychology Associations, no Board Prevenção e Intervenção

Psicóloga Clínica e da Saúde, especialista em Psicoterapia; Necessidades Especiais; e Psicologia do Desporto.

Licenciada em Psicologia Clínica no ISPA (estágio no Hospital Stª Maria), Pós-Graduação em Psicologia da Educação no ISPA. Pós-graduação em Biologia Humana / Psicoterapias Cognitivas e Comportamentais na Universidade Claude Bernard (estágio no Hospital Pierre Wertheimer).

Doutorada na Faculdade de Motricidade Humana na área de Necessidades Educativas Especiais.

Formação pós-doutoramento na área de promoção e educação para a saúde na SDSU, S. Diego (Medicina do Comportamento) e na QUT, Brisbane (Saúde Pública).

Agregação em Saúde Internacional no Instituto de Higiene e Medicina Tropical, da Universidade Nova de Lisboa.

Coordenadora nacional do estudo da OMS / HBSC entre outros estudos internacionais.

Biographical note

Full Professor at Faculdade de Motricidade Humana/ U Lisboa;



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Senior research fellow at WJCR/ ISPA and ISAMB/ School of Medicine/ ULisboa.

Represents OPP at EFPA, Board of Prevention and Intervention.

Clinical and Health Psychologist (OPP), expert in Psychotherapy; Special Needs; and Sports Psychology (OPP)

Graduated in Clinical Psychologist at ISPA, (in-service training at Hospital Stª Maria), Post Graduated studies (Master level) in Educational Psychology at ISPA. Post graduate studies in Human Biology/ Cognitive and Behavioral Psychotherapies at Claude Bernard University (in-service training at Pierre Wertheimer Hospital). Doctoral degree at Faculdade de Motricidade Humana in the area of Special Educational Needs. Postdoctoral training in the area of health promotion and education at S. Diego State University (Behavioral Medicine) and Queensland University of Technology (Public Health).

Agregação (Professorship) in International Health at Instituto de Higiene e Medicina Tropical, Nova University of Lisbon.

She authored / co-authored more than one hundred scientific papers in ISI journals and more than three hundred other publications. She supervises PhD and Master students in the area of health, health psychology and health promotion.

She has been coordinating several national and international projects in Portugal and is a fellow researcher in several international scientific networks, namely HBSC/ WHO

Her areas of scientific interest are prevention and children and adolescents health promotion: individual and contextual resources. This include several health related outcomes such as leisure, substance use, sexual behavior, violence, nutrition, physical activity, mental health and well-being, quality of life perception, but also individual resources such as social competences, resilience, self –regulation, entrepreneurship, social engagement, and also contextual factors such as family, school, neighborhood social nets and social cohesion.

Much of her work is devoted to research and attempts to influence public policies in the referred areas.

Finally she is a clinical practitioner CBT oriented at the FMH/ ULisboa students' counseling center (GAP/ FMH/ ULisboa).

CV links:

<http://orcid.org/0000-0003-2114-2350>

www.researcherid.com/rid/H-3824-2012

<http://preventionintervention.efpa.eu/board-on-prevention-and-intervention/>

https://www.researchgate.net/profile/Margarida_Matos/contributions

<http://lattes.cnpq.br/4611719073083206>

<http://www.degois.pt/visualizador/curriculum.jsp?key=8106459958152191>

<https://www.linkedin.com/in/margarida-gaspar-de-matos-9855646>